

PETTERI SILENIUS

15 -17 November 2024

Friday : Aikido

Prize : 300 NOK

Saturday and Sunday : Katori (closed group)

Prize : Whole seminar 800 NOK or 400 NOK/day

Katori Shinto Ryu Weapon training with Petteri Silenius

Place

Sunyata Aikido Dojo - Heggedal, Heggedal fabrikk, Åmotveien 2
(bygg 11, right at the end of the road).

Schedule

Friday

(for everyone)

18:00 - 19:00 Aikido

19:10 - 20:30 Aikido

Saturday (Katori)

(closed group)

11:00 - 13:00 Katori

15:30 - 17:30 Katori

Sunday (Katori)

(closed group)

11:00 - 13:00 Katori

15:30 - 17:30 Katori

Ta med jo og bokken

For mer informasjon ring
Mouliko Halén: 93027309

Welcome!



**Sunyata
Aikido Dojo**



Petteri Silenius
started aikido 1978
Aikido 7th dan shihan Aikikai

Kyoshi menkyo Katori shinto ryu under
Sugawaa Tetsutaka-sensei

Professional budo instructor since 1992

Long time close student with senseis
Kobayashi Yasuo, Igarashi Kazuo and
Sugawara Tetsutaka

Other martial arts: iaido,
escrima, pekiti tirsia.